

Little Winners Day Nursery

SAMPLE MENU



Breakfast	Cereal, porridge, Weetabix, and toast depending on the child's needs
Morning snack	Monday-Friday Mixed fruits (including carrots and cucumber)

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
	Beef Bolognaise (Contains fresh peppers red & green, Basil, chopped tomatoes, minced beef, puree and mushroom)	Jacket potato with filling of Cheese, Salad, Baked Beans, Tuna and Sweetcorn	Chicken Brown Stew with Rice serve with Cabbage and Carrots (Contains chopped tomatoes, fresh mixed pepper, spring onions and browning)	Macaroni Cheese with Broccoli (contains dairy products and cheese)	Chicken Nugget with Chips and Spaghetti Hoops serve with Carrot and Broccoli)
Dessert	Yoghurt	Fruits Selection	Angel Delight	Apple Crumbled and Custard	Rice Pudding
Afternoon Tea	Beans on toast with fruits	Vegetables Noodles	Potato Croquette on Spaghetti Hoops	Tuna and Sweetcorn Wholemeal Pasta Salad	Butter and Jam sandwich with warm milk and Fruits

Our foods are freshly prepared at the nursery on a daily basis. We provide a healthy well balanced diet and welcome any suggestions from parents. We cater for vegetarians/vegans and special diet. Water is available throughout the day.